



Seeking 3 Youth Delegates NOW!

Coming soon to Inuvik!

THE  LUNG ASSOCIATION
Alberta & NWT

IRC BLAST Regional Conference Feb 2-4th, 2018

What is BLAST? It is an **anti-tobacco program** that stands for **Building Leadership for Action in Schools Today!**

Objective of BLAST: A program dedicated at empowering youth on the harmful effects of tobacco so they can make educated and informative decisions. To help youth become tobacco reduction leaders and share the information with their own home, peers and communities.



Who: The BLAST program is looking for three (3) youth from grades 6-9 plus one (1) chaperone from all Beaufort Delta communities!

Location: Inuvik, Midnight Sun Recreation Complex

Travel Costs: All costs associated with traveling from your community to Inuvik return will be covered!

Accommodations: All sleeping arrangements will be organized at the Midnight Sun Recreation Complex and or Aurora College/hotels. (No cost to the youth!)

Meals: All meals will be covered during the conference!



What activities will there be? A minimum of 6 education sessions will take place during the conference.

Some topics include:

- ~ History of Tobacco
- ~ What's in a Cigarette?

- ~ Health Effects of Smoking
- ~ "Big Tobacco" child, youth and marketing
- ~ How to create a Public Service Announcement
- ~ Our Precious Lungs

Activities for youth include:

- ~ The Amazing Race!
- ~ Swimming!

- ~ Skating!
- ~ Movie Night!
- ~ Team Building!

Does this sound like something your interested in? Apply today! Space is limited!

To apply please contact your local CHR at the Health Center or Crystal Navratil at crystal_navratil@gov.nt.ca or call her at 867-777-7378 or fax: 867-777-3255

Or Jimmy Ruttan at jruttan@inuivialuit.com or fax to (867) 777-4506



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